



Missouri River Academy Information Packet



Dear Parent(s) and Student,

Thank you for your interest in wanting to learn more about the Missouri River Academy. This packet contains important information regarding this five-day river summer camp.

Information includes:

- Summary of the Academy- dates, location, tuition, and other general information
- Registration Process- financial aid and registration information
- What to Expect- the culture and values of the Missouri River Academy
- Missouri River Action Project- students will choose an issue, focus on an issue related goal they can achieve and develop a plan for getting community members involved.
- Schedule for the Academy- daily themes and essential questions for each day
- Camp Trinity: Lodging and Dining- includes personal food and hands-to-work program
- Packing List- a checklist for packing for the Missouri River Academy
- Driving Directions- if you are driving, use this to navigate to the Missouri River Academy
- Travel Information- includes information on travel options for parents and students
- General Policies- regulations during the Missouri River Academy

If you can't find what you are looking for, please visit our registration packet which includes (a) student medical form, (b) general risk release form, (c) student standards of behavior agreement, and (d) travel form. If you have questions regarding the Missouri River Academy, please contact Kristen Schulte at kristen@riverrelief.org or call 573-443-0292.

We look forward to seeing your student at the Missouri River Academy this summer.

Sincerely,
Missouri River Relief
www.riverrelief.org

Summary



Dates: July 10-14, 2016 – 5 days and 4 nights

Ages: Students entering grades 8th – 12th

Location: Camp Trinity – New Haven, Missouri

Tuition: \$400 per participant

Connect with the natural and cultural history of the Missouri river through adventure, exploration, and investigation. Discover the river ecosystems and the natural forces that shaped it. Understand how human choices have affected the river's rhythm and flow. Knowledgeable and experienced instructors will guide you through hands-on activities that will give you the understanding, skills and confidence to enjoy, make use of and protect the Missouri River.

Registration Process

1. If you are applying for financial aid, please refer to the "Financial Aid" section on the website. You will need to complete this process before registering. Financial Aid recipients will receive a separate registration link when they are awarded financial aid.
2. If you are not applying for financial aid, please complete the online enrollment process on the website or by calling 573.443.0292. Please have your payment information ready when enrolling.
3. After completing the enrollment/payment process, download a pdf of the registration packet on the website, fill it out and mail to P.O. Box 463, Columbia, MO 65205 or e-mail to kristen@riverrelief.org. The packet contains the following forms: (a) student medical form, (b) general risk release form, (c) student standards of behavior agreement, and (d) travel form.

Waitlist

Should the academy reach its capacity, a waitlist will be created. The first person on the waitlist will be notified if a vacancy occurs. If this person does not accept, then we will go down the list.

Cancellation

If you should need to cancel, a refund will not be issued up to 30 days prior to the start date of the academy. Although we make every effort to adhere to our schedule, extenuating circumstances may cause Missouri River Relief to cancel a program, in which case a full refund will be issued.

Financial Aid

Financial aid is available to qualified participants. To apply for financial aid, download a pdf of the financial aid application on the website, fill it in and mail to P.O. Box 463, Columbia, MO 65205 or e-mail to kristen@riverrelief.org.

We will begin awarding financial aid at the beginning of April and then continue making awards on a rolling basis until all available funds are awarded. We are typically able to notify financial aid applicants of the amount we are able to award within a month of receiving an application. The applicant will then be given a deadline and separate link to register for the course, please do NOT register before you are notified of your award.

What to Expect

To help you be prepared for the activities in which you and other students will participate, please plan for active learning. For the most satisfying experience, please note that this program requires the following:

- Early Morning starts are common! Be prepared to rise and shine early in the morning.
- Be a team member! We operate in teams and expect everyone to participate in activities.
- We are place-based and experience-oriented! Our indoor classroom time will be spent exploring through discussions, activities and lectures, covering a wide variety of topics.
- We are outdoors most of the time! Our outdoor classroom time will be spent investigating many areas of the Missouri River in vehicles, on boats and on foot, so plan accordingly.



Missouri River Action Project

During the Missouri River Academy, students will complete a Missouri River Action Project; Students will begin their individual projects by choosing an issue to explore and mapping its impact. Then he or she will focus on an issue-related goal and objective they can achieve in their community and develop a plan for getting community members involved.

Family and Friends are invited to their Presentation!

At the end of the Academy, students will present their project to an audience of engaged Missouri River advocates. Family and friends are welcome to come and learn about what issues on the Missouri River sparked your student's interest and the plan that they have developed to address their issue in their community. The presentation will take place at the end of the Academy on Thursday, July 14th, at 1:00pm at the *Old New Haven School Building*, located at the 810 Maupin Ave, New Haven, MO 63068.

Staying Up-to-Date During the Academy



Are you a parent and would like to stay up-to-date during the Academy? We encourage you to visit our Facebook page where we will post photos and updates. To see these updates on Facebook: search for “Missouri River Relief” and “like” our Facebook page. Also, look for options to “get notifications” on our page. This information will be updated 1-2 times each day.

A photo album will be created after the Academy on Flickr at www.flickr.com/photos/riverrelief/, so that you may download and save any of the photos that you would like to have of your student.

Schedule

Arrive to Camp Trinity: Sunday, July 10th between 2:00pm- 4:00pm

SUNDAY, JULY, 10th

Welcome to the Missouri River Academy

What do I hope to get out of this week on the Missouri River?

MONDAY, JULY 11TH

Connecting to the Missouri River

How do I explore my connection to the Missouri River?

TUESDAY, JULY 12TH

Behind the Scenes of the Missouri River

What components make up the Missouri River ecosystem?

WEDNESDAY, JULY 13TH

Forces that Shape the Missouri River

What is the relationship between the Missouri River and humans?

THURSDAY, JULY 14TH

Connecting Others to the Missouri River

How do we deepen a sense of responsibility to care for the Missouri River?

Depart from Camp Trinity: Thursday, July 14th, 3:30pm

Camp Trinity: Lodging and Dining

Tucked away in the Missouri River Valley, is the community of New Haven, Missouri. During the Missouri River Academy you will spend most of your time exploring the Missouri River, while staying at Camp Trinity, perfectly poised 4 miles from the Missouri River. During your stay you will enjoy the shade of the oak trees and the cool water of the swimming pool.



Residence Lodge

During your participation in the Missouri River Academy, you will stay in a lodge. Each air conditioned room will sleep 5 students, with 5 bunkbeds; students can choose to sleep on the top or bottom bunk and store their personal items on the unused bunk. Each room has a shared bathroom. The lodge rooms are simple and comfortable without the distractions of televisions or phones. Linens will not be provided: you will want to make sure that you

bring: a sheet, pillow, a sleeping bag or blankets and towels. The rooms do not come stocked with toiletries, so please bring these with you as well.

Dining

You will enjoy delicious, healthy meals in the dining lodge, courtesy of our caring and hardworking kitchen staff. We will provide breakfast and dinner in the dining lodge while lunches are eaten in the field. Participants pack their lunches in the dining lodge immediately following breakfast. We will have snacks available throughout your stay and our kitchen staff is happy to accommodate special needs



Personal Food

You are welcome to bring small snack items with you but please limit the amount of extra food you bring. Personal food at the academy can be an issue because there are many little critters that find ways to eat it. If you plan to bring food items, please limit the amount you bring, as all food items will have to be stored in a critter-proof container.

Hands-to-Work

During our time at Camp Trinity we will practice a philosophy of “Hands-to-Work.” All of our staff and students will pitch in to maintain, clean and prepare the beautiful facilities for the next group. In the dining lodge, all participants are assigned Meal Steward Responsibilities, which include washing dishes, cleaning tables and sweeping floors at the end of the meal. Groups will also be assigned the duty of cleaning lunch containers at the end of the day. Participants are also responsible for cleaning their own rooms around campus before they depart.



Packing List

Our activities and classes are taught outdoors, in *all* weather conditions. After a day in the outdoors, you may wish to have casual clothes and comfortable shoes to change into for dinners.

Clothing

- T-shirts, 3-6
- Long-sleeved Shirt, 1
- Lightweight Jacket
- Jeans or Work Pants, 2 pairs
- Shorts, 2 pairs
- Underwear, 6
- Bras, 2
- Pajamas, 2

Other Required Items

- Swim Suit
- Shower Towels, 2
- Book bag (To carry paper/pencils, jacket, rain gear, water bottles, etc. We prefer packs with padded straps).
- Toiletries: soap, comb, shampoo, toothbrush, toothpaste, feminine supplies etc.
- Sunblock rated SPF 30+
- Bug Repellent
- Lip Balm
- Flashlight or Headlamp
- Sunglasses
- Writing utensils and journal/notebook
- 2 water bottles with tight fitting lids, at least 25 oz capacity
- Brimmed hat
- Plastic lunch container

Bedding

- Pillow
- Fitted twin bed sheet
- Sleeping bag/or blankets

Foot Items

- Hiking Boots or Rubber Boots
- Tennis Shoes
- Sandals
- Hiking Socks, 3 pairs
- Cotton Athletic Socks, 2 pairs

Optional Items

- Fishing Pole
- Raincoat
- Personal reading materials
- Water-resistant watch
- Water-proof bag
- Camera and batteries
- Colored pencils & other art supplies
- Binoculars
- Personal journal and pencils
- Stationery and stamps
- Slippers or flip-flops

What NOT to Bring

- “Good” clothes or nice shoes
- Electronic devices
- Weapons of any kind
- Non-prescription medications
- Tobacco Products
- Soda and/or candy
- Expensive belongings
- Hair dryers and/or curling irons

Footwear

Hiking Boots

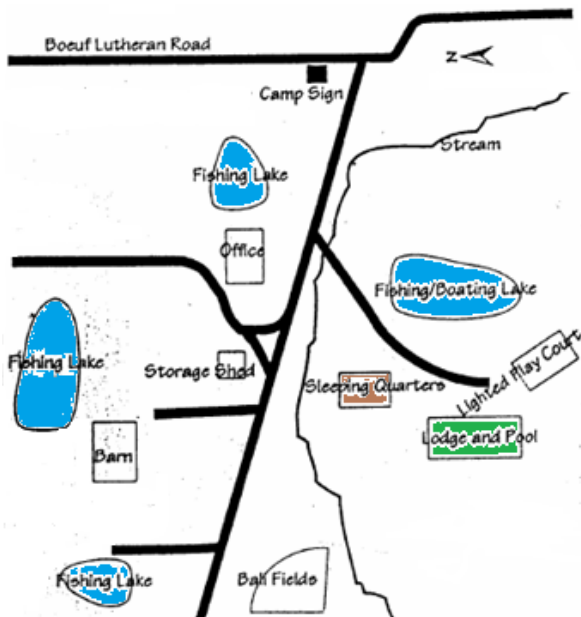
You will be spending many hours in your boots, sometimes hiking along muddy river banks. Please make sure your boots are comfortable and broken-in before you arrive. Sturdy, comfortable, quality boots that are *well broken in* are essential.

Driving Directions

Address: 439 Camp Trinity Drive, New Haven, Missouri 63068

Traveling from **Omaha, NE** - 6 hours

Get on I-480 S. Take I-29 S and I-70 E to MO-19 S in New Florence. Take exit 175 from I-70 E. Continue on MO-19 S. Take MO-100 E to New Haven. Turn right on Hwy C. After 2 miles, turn right on Gerding School Road. After 1 mile, turn left on Boeuf Lutheran Road. After a quarter of a mile turn right at the CAMP TRINITY sign (Kasel Ford Drive), follow that for about a half mile to Camp Trinity Drive turn left and the Lodge will be at the top of the hill.



Traveling from **Kanas City, MO**- 3 hours

Follow I-70 E to MO-19 S in New Florence. Take exit 175 from I-70 E. Continue on MO-19 S. Take MO-100 E to New Haven. Turn right on Hwy C. After 2 miles, turn right on Gerding School Road. After 1 mile, turn left on Boeuf Lutheran Road. After a quarter of a mile turn right at the CAMP TRINITY sign (Kasel Ford Drive), follow that for about a half mile to Camp Trinity Drive turn left and the Lodge will be at the top of the hill.

Traveling from **St. Louis, MO**- 1 ½ hours

Follow I-44, than take exit 251 from I-4. Take MO-100 W to New Haven (about 22 miles). Turn left on Hwy C. After 2 miles, turn right on Gerding School Road. After 1 mile, turn left on Boeuf Lutheran Road. After a quarter of a mile turn right at the CAMP TRINITY sign (Kasel Ford Drive), follow that for about a half mile to Camp Trinity Drive turn left and the Lodge will be at the top of the hill.

Travel Information

Personal Vehicle

- Arriving: Please arrive on Sunday, July 10th between 2:00pm-4:00pm.
- Departing: Please plan on picking up your student on Thursday, July 14th at 3:30pm.

If someone other than a parent/guardian will be pick up on departure day, please make sure to make a note of this on your travel form, in the registration packet.

Bus

Traveling by bus is an option for students; if purchasing bus tickets please select Columbia, Missouri Greyhound Station as your destination and departure when purchasing tickets to and from the Missouri River Academy. We will provide a shuttle from Columbia, Missouri to the Missouri River Academy's location in New Haven, Missouri.

For purchasing a bus ticket, please visit: <https://www.greyhound.com/>

Airplane

Traveling by airplane is an option for students; if purchasing airplane tickets please select Columbia Regional Airport as your destination and departure when purchasing tickets to and from the Missouri River Academy. We will provide a shuttle from Columbia, Missouri to the Missouri River Academy's location in New Haven, Missouri.

For more information about Columbia Regional Airport, please visit: <http://www.flycou.com/>

Once a flight and/or unaccompanied minor service has been purchased, please e-mail your students flight itinerary to kristen@riverrelief.org before June 27th with your travel form in the registration packet.

How Do I Know If I Need To Purchase Unaccompanied Minor Service?

Depending on the airline or the bus conditions and your comfort level with your student travelling alone. For a fee, airlines and the bus will provide the service for any minor regardless of age if you request it, but it is mandatory for certain ages depending on the airline. Fees vary. Please call the airline or the bus company if you are unsure of the requirements fees.

Unaccompanied minor service is mandatory for:

- Delta, American Airlines, US Airways: 14 years old or younger.
- Greyhound: 14 years old or younger

General Policies

Student Medication Information

Missouri River Relief is concerned about inappropriate use of both prescription and non-prescription medications by students. Students are not permitted to use medication without written permission from a parent, legal guardian, physician or an authorized Missouri River Relief staff person. Students are not permitted to share medications under any circumstances. If your child requires any prescription medication or over the counter medication during the trip, it will be administered by the Missouri River Relief staff. Below is additional information regarding medications:

- In the “*Student Medical Information*” form you may give written permission to administer the following over the counter medications: Tylenol, Aspirin, Ibuprofen, Maalox, Ex-lax, Benadryl, Claritin, and/or Cough Drops. Missouri River Relief will have a supply of these over the counter medications.
- All prescription medication administrators will need the “*Request for Medication to be Given at the Missouri River Academy*” form completed.
- Place all medications you are sending with your child in a plastic bag marked with the child’s name, with a doctor’s order or prescription label attached.
- Send only enough medication for the days your child will be gone.
- If your child requires an asthma rescue inhaler or EpiPen®, please send two, if possible. Your child will carry one with them and the Missouri River Relief staff will keep the second as backup. If only one inhaler or EpiPen®, is supplied, it will remain with your child for the entire trip.
- Please check expiration dates of all medications before sending them with your child, especially asthma rescue inhaler or EpiPen®
- We will collect all medications upon arrival at Camp Trinity.

Emergency Contact Information

Should you need to reach your child in an emergency, we ask that you directly contact the Education Coordinator, Kristen Schulte via cell phone 636-288-5570. If there is no answer, please leave a detailed message and contact Steve Schnarr, Program Manager, via cell phone at 573-289-2077. We will work with you to make contact and to pass on a message to your child or arrange for you to speak to your child.

Phones during the Academy

Due to the topography of our location, cell phone reception is patchy at best. Please make it clear to your family and friends that there will not be reliable cell phone reception during your stay (e.g. it will be normal for you to be out-of-touch during the academy). We prefer, recommend and will require at different points of the Academy that students keep their phones off during the academy or do not bring their phones (we always maintain a way to be in contact with staff in case of emergencies).

Taking Pictures during the Academy

We prefer, recommend and will require at different points of the Academy that students cannot use their phones or use the camera's on their phones. We encourage students to bring either a digital or disposable camera. The time during the Academy is focused on providing students with a new and rare experience. They are encouraged to disconnect from the technological world and interact with each other and the natural world in a direct manner. Not having access to phones will eliminate the potential for distractions and will also ensure the devices do not get lost during the Academy. We do encourage your student to bring magazines, books and/or a journal as they will have quiet time before bed to read and unwind.

Electronics during the Academy

Students can bring electronics while traveling for entertainment during their ride to and from the Missouri River Academy. This includes items such as iPods/mp3 players, Kindles/Nooks/e-readers, battery operated hand held game consoles, etc. We will collect these items upon arrival at the Camp Trinity and place them in plastic bags with each child's name on the bag. We will also collect all candy, treats and snacks as required by Camp Trinity policies. These items will remain in a locked bin for the entire time of the Academy. There will be an opportunity prior to student's departure from the Academy to recharge the electronic devices if needed.

Prohibited Items

The following items are prohibited during the Missouri River Academy:

- Weapons of any kind. This includes guns, knives (including pocket knives), mace, etc.
- Non-prescription medications. Such medication will be dispensed by Missouri River Relief staff as necessary. No prescription medication should be brought or used unless noted on the "*Request for Medication to be Given at the Missouri River Academy*"
- Tobacco products, illegal drugs and alcohol